

Draw your very own colourful rainbow
in the space provided. Make sure to
stick it up on a window for all to enjoy!

RAIN BEFORE Rainbows



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**Look at the colours used within the illustrations.
How do they link to the character's feelings?**

Make an emotion colour wheel and choose your own colours and pictures to represent your own emotions. Use it each day and see how you're feeling. Use it with a parent and see how they are feeling too. Emotions you might include: Happy, Angry, Scared, Worried, Sad, Surprised, Proud, Excited.

In this story the girl has to be very brave and duel with dragons. We could call these worry monsters that appear out of the mist.

Try drawing and writing about your worries. What could you do to make them disappear back into the mist?

The girl has a beautiful dream of where she flies across the night sky with her fox and rises high above her problems. Her dreams inspire her and encourage her to keep going.

Share your own hopes and dreams through words, pictures and discussion.

In this story the girl has a companion fox with her throughout her journey, facing adventures together, through good times and bad.

Choose an animal to go on adventure with. What would it be? Describe it, draw it and explain how it could help you.

In the second half of the story, the girl and fox find many friends.

Who are they and what do they do to show they care?

Think about your own friends – how are you kind to them? How are they kind to you?



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Tell me a story

Can you retell this story to someone else? Think about the different stages of this journey.

We are not told who this girl is or exactly what has happened that has made it necessary for her to start out on this dangerous journey.

Can you create a full story about this book, explaining where the girl has come from and what the future hold for her?

Creating character

Can you make a character profile for the girl? You could think about what her characteristics and qualities are and how she demonstrates them throughout the story.

The future is bright

Make an emotion graph to show how feelings and circumstances in the book change. Sometimes things are really difficult but those moments don't last for ever.

Rainy days

Rain is important for us all and without it, we would never see a glimpse of a glorious rainbow. Think of both positive and negative things about rain.

Rain art

Can you create some chalky puddles? Sun catchers? How else can you use elements of the weather to create art?



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Rainbow art

Create a glorious rainbow to remind you that the future always holds hope. You can use paints, scrunched up paper tissue, lolly sticks, colouring pencils... be as creative as you can! Explore as many techniques as you can for making rainbows.

My Rainbow World

Colour in a rainbow and then for each band of colour, write the names of people and things in your world that make you happy. You might include these sorts of categories: close family, wider family, friends, kind people at school, kind people who help me, hobbies, sports, books, toys, things you love to do.

Rainbow poems

Write a poem about rainbows with a line for each colour of the rainbow. Think about something special to describe each colour.

Colour riddles

Create clues and ask friends or family to guess which colour you are describing.
For an extra challenge you could try and make your riddles rhyme.



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